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AMENDMENTS TO THE CLAIMS:

This listing of claims will replace all prior versions, and listings, of claims in the application:

LISTING OF CLAIMS:

1.-2. (canceled)

3. (currently amended) A method for treating any disease or disorder associated with serum total cholesterol levels, low density lipoprotein (LDL) cholesterol levels, apolipoprotein B levels, or triglyceride levels hypercholesterolemia, hyperlipidemia or atherosclerosis in a mammal, comprising:

orally administering to said mammal a composition comprising $\beta\text{-casein}$ where the $\beta\text{-casein}$ is comprised of at least 95 wt% $\beta\text{-casein}$ $\text{A}^2,$

wherein [[the]] \underline{a} serum level of any one or more of:

- a) cholesterol;
- b) low density lipoprotein (LDL) cholesterol relative to high density lipoprotein (HDL) cholesterol;
 - c) low density lipoprotein (LDL) cholesterol;
 - d) very low density lipoprotein (VLDL) cholesterol;
 - e) apolipoprotein B; or
 - f) triglycerides

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after administration of the composition is lower than the serum level before administration of the composition.

the serum total cholesterol levels, the low density lipoprotein (LDL) cholesterol levels, the apolipoprotein B levels, or the triglyceride levels in the mammal after administration of the composition is lower than the serum level before administration of the composition.

- 4. (canceled)
- 5. (currently amended) A method as claimed in claim [[1]] 3 where the composition is a food or food product.
- 6. (original) A method as claimed in claim 5 where the food or food product is milk or a product containing or processed from milk.
- 7. (currently amended) A method as claimed in claim [[1]] $\underline{3}$ where the composition is a dietary supplement.
- 8. (previously presented) A method as claimed in claim 7 wherein the dietary supplement is ingested for optimizing fitness, weight loss, weight gain, muscle building, and/or muscle repair.

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9. (currently amended) A method as claimed in claim [[1]] $\underline{3}$ where the composition is milk containing β -casein where the β -casein is comprised of at \underline{least} 95 \underline{wt} % β -casein A^2 .

10. (original) A method as claimed in claim 9 where the $\beta\text{-casein}$ is comprised solely of $\beta\text{-casein}$ A^2 .

11. (canceled)

12. (currently amended) A method as claimed in claim [[1]] $\underline{3}$ where the β -casein A^2 is obtained from the milk of bovine cattle or from the milk of yaks, buffalo, sheep or goats.

13-16. (canceled)

- 17. (currently amended) A method as claimed in claim [[1]] $\underline{3}$ where the composition is an aqueous solution, a suspension or an emulsion.
- 18. (currently amended) A method as claimed in claim [[1]] $\underline{3}$ where the composition is a solid in granular or powder form.

19-24. (canceled)